You are the Agony Aunt who gives advice to problems young people have. Read Brian's email and write back giving advice on what he should do.

Last year my mum and dad divorced, and now she's seeing another man. Whenever he's at our house they don't take notice of me at all. Sometimes I get the feeling that mum doesn't care about me anymore.

When we all go for a walk together, they always walk in front with their arms around each other and never look back to me.

I feel so alone and left out. What can I do?