

Healthy Teenagers, a magazine with topics on health and development of teenagers is organising an essay competition.

**Should there be nutrition lessons in school?**

The best essays will receive a full year's worth of coupons for organic food.

You have decided to take part hand in an essay on the topic. In your essay you should

- write about how important the right nutrition is
- analyse what effects lessons on nutrition could have in schools
- discuss other methods of getting young people to care for healthy nutrition

Write about **300 – 400 words** and give your essay a title!

Room for corrections

