

Read the text about tea, one of the world's favourite beverages. Think of ONE word that fits into each blank.

Tea is one of the world's **(1)** \_\_\_\_\_ popular beverages. According to a legend, it originated in China thousands of years **(2)** \_\_\_\_\_, when leaves from a tea bush fell **(3)** \_\_\_\_\_ a hot water pot of the Chinese emperor.

At first, only wealthy British families **(4)** \_\_\_\_\_ able to afford drinking tea, which was brought from India by merchants and traders. Some people even locked it up to prevent it from **(5)** \_\_\_\_\_ stolen.

There are many ways to drink tea. **(6)** \_\_\_\_\_ most people just drink their tea pure, others add milk or a lemon. The most common forms are black and green tea. Vanilla or fruit flavouring **(7)** \_\_\_\_\_ often added to tea to give it a special taste. Some people brew their tea in convenient tea bags, others pour boiling **(8)** \_\_\_\_\_ over crushed tea leaves.

Tea drinking has a long tradition in Britain. Every Briton **(9)** \_\_\_\_\_ about 5 cups of tea per day, or about 1,700 cups a year – the largest per capita consumption in the **(10)** \_\_\_\_\_. Traditional afternoon teatime goes **(11)** \_\_\_\_\_ to the 19<sup>th</sup> century. Many families celebrate this custom in an exclusive way, with expensive china and silver spoons.

Tea has a stimulating effect **(12)** \_\_\_\_\_ your body, because it contains **(13)** \_\_\_\_\_ caffeine than coffee. It is great for those who are afraid of putting on too much **(14)** \_\_\_\_\_ as it has only 4 calories per cup.

## KEY

Tea is one of the world's **(1) most** popular beverages. According to a legend, it originated in China thousands of years **(2) ago**, when leaves from a tea bush fell **(3) into** a hot water pot of the Chinese emperor.

At first, only wealthy British families **(4) were** able to afford drinking tea, which was brought from India by merchants and traders. Some people even locked it up to prevent it from **(5) being** stolen.

There are many ways to drink tea. **(6) While** most people just drink their tea pure, others add milk or a lemon. The most common forms are black and green tea. Vanilla or fruit flavouring **(7) is** often added to tea to give it a special taste. Some people brew their tea in convenient tea bags, others pour boiling **(8) water** over crushed tea leaves.

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Tea has a stimulating effect **(12) on** your body, because it contains **(13) more** caffeine than coffee. It is great for those who are afraid of putting on too much **(14) weight** as it has only 4 calories per cup.