

Read the text about cycling as a way of improving your fitness. Some of the lines are correct. Some have a word that shouldn't be there. Write this word in the box next to the line. If the line is correct put a tick (✓) in the box. The first two lines have been done for you.

1	Cycling has become a very popular sport in the last few	✓
2	years, mainly because more and more such people care	such
3	about their fitness club and physical shape, and want to	
4	engage in activities that lead them to outdoors.	
5	Biking is not always the only way to improve your fitness,	
6	but surely one of the most rewarding. Riding a bike lets	
7	you explore the nature and at the same time gives you	
8	the feeling of exercising yourself.	
9	However, biking poses some dangers that cyclists should	
10	not be aware of when they go cycling. Most leisure bikers	
11	cycle on special paths, during some of which are also	
12	being designed for pedestrians. So, watch out for people	
13	walking, otherwise, accidents may prove to be your fault.	
14	Make sure your bike is in good shape and fulfils even all	
15	the safety requirements. You should check over your	
16	brakes regularly have had your chain oiled in regular	
17	intervals. See to it that your street tires have the right	
18	amount of pressure while as this ensures less friction	
19	on paths.	
20	If you follow the advice mentioned above, you will	
21	nevertheless experience many hours of pleasant cycling.	

KEY

1	Cycling has become a very popular sport in the last few	✓
2	years, mainly because more and more such people care	such
3	about their fitness club and physical shape, and want to	club
4	engage in activities that lead them to outdoors.	to
5	Biking is not always the only way to improve your fitness,	always
6	but surely one of the most rewarding. Riding a bike lets	✓
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17	intervals. See to it that your street tires have the right	street
18	amount of pressure while as this ensures less friction	while
19	on paths.	✓
20	If you follow the advice mentioned above, you will	✓
21	nevertheless experience many hours of pleasant cycling.	nevertheless