

A youth magazine is planning an essay competition on happiness. You decide to take part in the competition. It wants you to write about the following statement:

**"The only way to happiness is by helping other people."**

In your **essay** you should

- analyse the reasons for helping other people.
- give examples
- express your opinion on why it can make you happy

Write an **essay** of about **250 - 300 words** and give your essay a title.

**Room for corrections**

