

An educational magazine has invited readers to give their opinion on the **importance of daily exercise and sports in schools**. All essays enter a competition, in which the winner will receive a lifelong membership in a fitness club of their choice.

You have decided to send in an essay.

In your essay give arguments for and/or against daily sports lessons in school.

- Give reasons for your opinion.
- Discuss what effects daily exercise may have on the school timetable.
- Describe the situation at your school. Does it offer enough sport or not?

Write about **300 – 400 words** and give your essay a title!

Room for corrections

