

*Healthy Teenagers*, a magazine with topics on health and development of teenagers is organising an essay competition.

**Should there be nutrition lessons in school?**

*The best essays will receive a full year's worth of coupons for organic food.*

You have decided to take part hand in an essay on the topic. In your essay you should

- write about how important the right nutrition is
- analyse what effects lessons on nutrition could have in schools
- discuss other methods of getting young people to care for healthy nutrition

Write about **300 – 400 words** and give your essay a title!

**Room for corrections**

